

# Confident, Effective Public Speaking

**Hands-on course of 2 days - 14h**

**Ref.: PAP - Price 2025: 1 590 (excl. taxes)**

*The price for the 2026 session dates may be revised*

This practical training course aims at making the participants immediately operational to speak in front of a public. In order to have results in meeting, to discuss or carry out talks or lectures, essential elements of communication must be controlled.

## HANDS-ON WORK

An active, engaging approach for each participant, numerous exercises and work in groups: Filmed role-playing with individualized feedback and analysis.

## THE PROGRAMME

last updated: 01/2024

### 1) Communication Fundamentals

- Effective and valuable communication techniques, including aspects of NLP principles.
- How others perceive you? Self-analysis of strengths and areas for development.
- The Art of Negotiation and aiming for a Win-Win situation every time.

## DATES

### REMOTE CLASS

2025 : 13 nov.

2026 : 12 févr., 11 juin, 24 sept.,  
10 déc.

### PREREQUISITES

Any person brought to speak in public in a professional context.

### TRAINER QUALIFICATIONS

The experts leading the training are specialists in the covered subjects. They have been approved by our instructional teams for both their professional knowledge and their teaching ability, for each course they teach. They have at least five to ten years of experience in their field and hold (or have held) decision-making positions in companies.

### ASSESSMENT TERMS

The trainer evaluates each participant's academic progress throughout the training using multiple choice, scenarios, hands-on work and more. Participants also complete a placement test before and after the course to measure the skills they've developed.

### TEACHING AIDS AND TECHNICAL RESOURCES

- The main teaching aids and instructional methods used in the training are audiovisual aids, documentation and course material, hands-on application exercises and corrected exercises for practical training courses, case studies and coverage of real cases for training seminars.
- At the end of each course or seminar, ORSYS provides participants with a course evaluation questionnaire that is analysed by our instructional teams.
- A check-in sheet for each half-day of attendance is provided at the end of the training, along with a course completion certificate if the trainee attended the entire session.

### TERMS AND DEADLINES

Registration must be completed 24 hours before the start of the training.

### ACCESSIBILITY FOR PEOPLE WITH DISABILITIES

Do you need special accessibility accommodations? Contact Mrs. Fosse, Disability Manager, at [psh-accueil@ORSYS.fr](mailto:psh-accueil@ORSYS.fr) to review your request and its feasibility.